

# **Community Resources**

911 Emergency Response

211 Information and Referral

[www.211info.org](http://www.211info.org)

Youth Services

385-468-4500

[www.slco.org/youth/](http://www.slco.org/youth/)

Valley Behavioral Health

1-888-949-4864

[www.ValleyCares.com](http://www.ValleyCares.com)

Family Counseling Center

801-261-3500

[www.FamilyCounselingCenterUtah.com](http://www.FamilyCounselingCenterUtah.com)

University of Utah Health Care Crisis Line

801-587-3000

<http://healthcare.utah.edu/uni/>

National Alliance on Mental Illness (NAMI)

801-323-9900

[www.namiut.org](http://www.namiut.org)

The National Suicide Prevention Lifeline

1-800-273-TALK (8255)

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

LGBTQ - Trevor Lifeline

866-488-7386

<http://www.thetrevorproject.org/>

SafeTALK

<https://www.livingworks.net/programs/safetalk/>

Parenting Assistance Line

1-866-962-3030

<http://pal.ua.edu/>