SYMPTOM CHECKING & REINFORCING HEALTHY PRACTICES AT HOME

Performing a Daily Symptom Check in Your Home

Please perform a daily symptom check at home with your student(s).
IMPORTANT: Keep your child home if they have any of the following symptoms:

- Fever of 100.4 or Higher
- Chills or muscles aches
- Cough (not related to asthma)
- Sore throat
- Shortness/difficulty breathing
- Loss of smell/taste
- Gastrointestinal issues

Families without one may request a thermometer by contacting the school.

Reinforce Health Hygiene Practices in Your Home

Please also reinforce healthy practices at home to avoid getting sick.

- Proper handwashing
- Wear face covering in public
- Use hand sanitizer
- Stay home when ill
- Avoid touching face
- Cough into elbow
- Physical distancing

We all have a part to play in keeping students safe this year. Please monitor your student daily to ensure they are not sick. If they are, keep them home and contact your school.